My Kindness Chart

For every act of kindness that you show to someone, colour in a heart.

Can you colour in all 16 hearts by completing 16 different acts of kindness?

Make a drink for someone	Leave a book in a safe public place for someone else to have	Tell a joke	Leave a happy note for someone
Feed the birds	Call a friend you haven't seen in a while	Listen when somebody speaks to you	Give someone a hug
Make a thank you card	Say something nice	Bring your parents breakfast in bed	Tell your teacher how great they are
Empty the bins at home	Donate to charity	Smile all day	Set the table for dinner